

Liberté Égalité Fraternité



## Don't wait for the first signs of the heatwave.



## **HEADACHE**

CRAMP

NAUSEA

## **Protect yourself**



KEEP COOL



## **DRINK WATER**

IF YOU FEEL FAINT, CALL 15

For more information: 0 800 06 66 66 (free) meteo.fr • #canicule